

**SERVES 4**



## SPICY BRAAI VEGETABLES

### INGREDIENTS

500g frozen sweet corn (mealies)  
1 red bell pepper, chopped  
1 tbsp olive oil  
¼ cup chopped coriander (garnish)

1 onion, chopped  
2 tsp crushed garlic  
100g cream cheese  
Salt & pepper to taste

### METHOD

Mix all the vegetables and spices (except Jalapeños). Season generously with the salt.  
Cut a piece of Twinsaver Ultra Tough Foil around 50cm.  
Scoop vegetables onto foil and close into a parcel.  
Place vegetable parcel on fire and cook on indirect heat for 10-15min.  
Remove from braai and decant into bowl.  
Mix cream cheese and Jalapeños into warm vegetables.  
Garnish with coriander and serve.

**COOKING TIP:** The vegetable mixture straight off the fire is a delicious addition to mashed potatoes (no cream cheese needed).